## Abbreviation Key

A ~ Alibi Café, 1st Floor
AK2 ~ Annie's Kitchen, 2nd Floor
CR2 ~ Craft Room, 2nd Floor
P~ Promenade, 2nd Floor
RH ~ Robinson Hall, 2nd Floor
C3 ~ Club Room, 3rd Floor
PH ~ Piner Hall, Berrier Bldg
SP ~ Strickland Place

## Reservations Required

Sign-up sheet by the dining room bulletin board or call extension 1265

**Lunch & Winery Tour at Shelton Vineyards**
RSVP by 3/14

**Lunch at the Arbor Room**
RSVP by 3/29

## Walking Club:

Mondays at 3:00pm
Meet in the Alibi Café
*Weather Permitting*

*Activities are subject to change. Please check the daily flyers or the bulletin boards throughout the community for updates.*

Arbor Acres
United Methodist Retirement Community

# March

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | ***1***<br>10:00 Arbor Cares (CR2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bible Study (CR2)<br>3:00 Open Bridge (AK2)<br>**4:00 Mrs. Cottontail & Friends (P)** | ***2***<br>10:00 Town Hall (PH)<br>10-12 Art with Erica (CR2)<br><br>3:30 St. Paul's Communion (AK2)<br>4:00 Asbury Afternoons with Levon Myers (A) | ***3***<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bingo (AK2)<br>4:00 Hymn Sing (P) | ***4***<br><br>1:30 Music on the Promenade:<br>*Ronnie Reeves* |
| ***5***<br><br>11:00 Worship Service (RH) | ***6***<br>10:00 Common Threads (CR2)<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>3:00 Walking Club (A)<br>4:00 Asbury Afternoon Sing Along (A) | ***7***<br>10:00 Kitchen Creations (AK2)<br>11:00 Modified Yoga (AK2)<br><br>2:00 Jewelry Design (CR2)<br>4:00 Bingo (AK2) | ***8***<br>10:00 Arbor Cares (CR2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bible Study (CR2)<br>3:00 Open Bridge (AK2)<br>**4:00 Door Décor (CR2)** | ***9***<br>10-12 Art with Erica (CR2)<br>11:30 Men's Club (PH)<br><br>**3:00 Drumming with Hayden (AK2)**<br>4:00 Asbury Afternoons with Tim Denny (A) | ***10***<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bingo (AK2)<br>4:00 Hymn Sing (P) | ***11***<br><br>10:30 Seasons (P)<br><br>1:30 Music on the Promenade:<br>*Jeffrey Smith* |
| ***12 Daylight Savings: Spring Forward***<br><br>11:00 Worship Service (RH) | ***13***<br>10:00 Common Threads (CR2)<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>3:00 Walking Club (A)<br>4:00 Asbury Afternoon | ***14***<br>10:00 Garden Club (CR2)<br>11:00 Modified Yoga (AK2)<br><br>**2:30 Pat Wade Birthday Celebration (P)**<br>4:00 Bingo (AK2) | ***15***<br>10:00 Arbor Cares (CR2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bible Study (CR2)<br>3:00 Open Bridge (AK2)<br>4:00 Stamp Art (CR2) | ***16***<br>10-12 Art with Erica (CR2)<br><br>**12:00 Lunch and Winery Tour: Shelton Vineyards (A)**<br><br>4:00 Asbury Afternoons with Larry Pope (A) | ***17 St. Patrick's Day***<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bingo (AK2)<br>4:00 Hymn Sing (P) | ***18***<br><br>**10:30 Lismore Academy of Irish Dance (SP)**<br><br>1:30 Music on the Promenade:<br>*Kevin Douthit* |
| ***19***<br><br>11:00 Worship Service (RH) | ***20***<br>10:00 Common Threads (CR2)<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>3:00 Walking Club (A)<br>4:00 Asbury Afternoon Sing Along (A) | ***21***<br>10:00 Kitchen Creations (AK2)<br>11:00 Modified Yoga (AK2)<br><br>2:00 Jewelry Design (CR2)<br>4:00 Bingo (AK2) | ***22***<br>10:00 Arbor Cares (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bible Study (CR2)<br>3:00 Open Bridge (AK2)<br>4:00 Personalized Plates (CR2) | ***23***<br>10-12 Art with Erica (CR2)<br><br>3:00 Chef's Table (AK2)<br>4:00 Asbury Afternoons with Nancy McGimsey (A) | ***24***<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bingo (AK2)<br>4:00 Hymn Sing (P) | ***25***<br><br>10:30 Seasons (P)<br><br>1:30 Music on the Promenade:<br>*Robbie & Betty Vance* |
| ***26***<br><br>11:00 Worship Service (RH) | ***27***<br>10:00 Common Threads (CR2)<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br><br>3:00 Walking Club (A)<br>4:00 Asbury Afternoon Sing Along (A) | ***28***<br>10:00 Garden Club (CR2)<br>11:00 Modified Yoga (AK2)<br><br>2:30 Snacks on the Patio (3rd Floor, Campbell Hallway)<br>4:00 Bingo (AK2) | ***29***<br>10:00 Arbor Cares (SP)<br>11:00 Fit & Stretch (AK2)<br><br>2:30 Bible Study (CR2)<br>3:00 Open Bridge (AK2)<br>4:00 Centerpieces (CR2) | ***30***<br>10-12 Art with Erica (CR2)<br><br>3:00 Games: Scrabble (C3)<br>4:00 Asbury Afternoons with Ronnie Reeves A) | ***31***<br>10:00 Men's Fitness (AK2)<br>11:00 Fit & Stretch (AK2)<br>**11:45 Arbor Room Lunch - Meet in the Alibi Café**<br><br>2:30 Bingo (AK2)<br>4:00 Hymn Sing (P) | *Jessica Tish*<br><br>Jtish@arboracres.org<br>(336) 724-7921<br>EXT 1265 |